

# WE RIDE

## MTB GUIDING & SKILLS COACHING

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### MTB Ride Grading System Explained

Ride Grades	Suitable for	Trail & surface types	Gradients & technical features
Green - Easy	Beginner/novice cyclists. Basic Bike Skills required. Most bikes and hybrids. Some green routes can take trailers/tag-alongs.	Relatively flat and wide. The trail surface may be loose, uneven or muddy at times. May include short flowing singletrack style sections.	Climbs and descents are mostly shallow. No challenging features.
Blue - Moderate	Intermediate mountain bikers with basic off-road riding skills. Mountain bikes or ebikes.	Trail surface may include small obstacles of roots and rock. Trails can have narrow singletrack sections.	Most gradients are moderate but may include short steep sections. Includes small Technical Trail Features (TTFs). All the trail features are rollable.

<p><b>Red - Difficult</b></p>	<p>Proficient mountain bikers with good off-road riding skills. Suitable for off-road mountain bikes and e-bikes only.</p>	<p>Steeper and tougher, mostly singletrack with technical sections. Expect variable surface types. Some tracks are wide but will be of a technical nature.</p>	<p>A wide range of climbs and descents of a challenging nature will be present. Expect large rocks, medium steps, drop-offs, cambers, water crossings and tight corners.</p>
<p><b>Black - Extreme</b></p>	<p>Expert mountain bike users, used to physically demanding routes. Off-road mountain bikes.</p>	<p>As "Red" but with an expectation of greater challenge and continuous difficulty. Can include any usable trail surface and may include exposed open hill sections, larger drops, slow technical riding, jumps and tight singletrack sections of trail.</p>	<p>Expect large, committing and unavoidable TTFs. Sections will be challenging and variable. May also have "downhill" style sections.</p>
<p><b>Other Trail Grades</b></p>			

<p><b>Orange - Bike Park</b></p>	<p>Riders aspiring to an elite level of technical ability, incorporates everything from full-on downhill riding to big-air jumps.</p>	<p>Severe constructed trails and/or natural features. All sections will be challenging. Includes extreme levels of exposure and/or risk. Jumping ability is obligatory.</p>	<p>Will include a range of small, medium and large TTFs, including downhill trails, freeride sections and mandatory jumps.</p>
<p><b>Forest Road and similar</b></p>	<p>A wide range of cyclists. Most bikes and hybrids. Ability to use a map is helpful. Routes may or may not be waymarked.</p>	<p>Relatively flat and wide. The trail surface may be loose, uneven or muddy at times. These roads may be used by vehicles and other users, including Horse riders and dog walkers.</p>	<p>Gradients can be very variable and may include short steep sections. Occasional potholes may be present.</p>